

Helen Joy Brock

Born and raised in southern England, Helen has been dancing since the young age of 3, focusing on ballet, modern, jazz and tap. She competed throughout the year, as well as performing annual school shows with The Renton Dance Studio, where she still has close ties. At the age of 8, she joined the Royal Ballet School in their associate course, which involved weekly class until she was 16 years old. During her final year with Renton Studio, to extend her skills, Helen gave private lessons to the younger students, sharing knowledge and growing her passion for teaching. She then moved to London to train full time for 3 years at Central School of Ballet where she trained in multiple dance disciplines, including Graham, Cunningham and Limon techniques, Flamenco, Jazz and Musical Theatre, with Ballet at the core of her studies. Here she gained her Bachelors degree in Professional Dance and Performance.

Since graduating in 2009, Helen enjoyed extensive professional work performing for music videos and fringe musicals across the UK. From 2011 to 2016, Helen solely worked with world-renowned cruise ship Production Company Jean Ann Ryan Productions as a dancer, singer, choreographer and production manager. She performed in many shows ranging from Broadway to Latin, and Motown to Cirque styles. She was fortunate to stage and teach many of their fantastic shows and was able to work alongside many guest choreographers including Helene Phillips (choreographed for Madonna and Michael Jackson), Shaun Earl (star of RENT on Broadway and Tour), and Eddie Strachan (SYTYCD and Owner at Radix).

Since making Greenville, SC her home in 2016, she has enjoyed working with the South Carolina Children's Theatre, Mill Town Players and Asheville Dance Theatre summer camps. She is now adjunct faculty at Anderson University teaching Jazz, Ballet and Modern.

Helen is looking forward to making Dance Theatre of Greenville her home, and enjoys any chance to see young dancers follow their dreams!

The logo for Dance Theatre of Greenville (DTG) features the letters 'DTG' in a large, bold, purple serif font. The letters are closely spaced and have a slight shadow effect. Below the letters is a thin horizontal line.

dance theatre of greenville